

Global Outdoor Play Training Games

A selection of games to support outdoor play and learning about our world.

This training was put together by World Jungle for South Gloucestershire County Council as part of their Wild4Life Project. Most games are taken from World Jungle's Global Play Toolkit.

For more information email info@worldjungle.org.uk or visit www.worldjungle.org.uk

1. Zama Zama –Rhythm game from Tanzania

<https://www.youtube.com/watch?v=0DmefJVoyfY>

2. Shoe Game – Place shoe in the middle of the room, try and get the shoe back to your base without being touched. Remember it's not just a race - try and outwit your opponent

3. Pon de River - In the River, on the bank, sit – One caller (like 'Simon Says') trying to catch the others out

4. Catch a Tail - Two large teams, smaller teams or as individuals try and catch scarves (which are tucked in back of trousers from other members without losing your own. Team or person with most scarves wins

<https://www.youtube.com/watch?v=qhpTCyxio4c>

5. Si Mama Ka – Tanzanian singing game

<https://www.youtube.com/watch?v=dFYGD3IA-44>

6. Bambaliba –Ghanaian dancing game

<https://www.youtube.com/watch?v=GUQTeiZRsA>

7. Kabadi - Indian wresting game

<http://en.wikipedia.org/wiki/Kabaddi>

8. Musical Islands –dancing game to drum or music

<https://www.youtube.com/watch?v=4QZF2nSMud0>

9. Rock n Stone – Jamaican rhythm game

(but can be done to 'Grand Old Duke of York')

<https://www.youtube.com/watch?v=DemF6l2-U0E>

10. Slacklining - Slacklining is a practice in balance that typically uses nylon or polyester webbing tensioned between two anchor points

<https://www.youtube.com/watch?v=2TzERkdNoyw>

11. Blobsters & Mini Dens -Environmental Play with Clay

A sample activity taken from Chris Holland's "I love my World"

www.bowles.ac/wp-content/uploads/BLOBSTERS.pdf

12. Parachute Games

Sunshines on /Cat n Mouse/ Sharks n' Lifeguards /Popcorn /Mushroom /Washing Machine

13. Health & Fitness Games -

<http://www.exuberantanimal.com>



World Jungle is an award-winning social enterprise that is about “sharing the very best that our world has to offer”. We believe great ideas and activities are for sharing. We learn and grow as individuals and teams from new experiences, doing and thinking in ways we haven't done before.

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